

FREQUENTLY ASKED QUESTIONS: **CITY OF LOS ANGELES LIFEGUARD JOB OPPORTUNITIES**

What is this job opportunity all about?

The Department of Recreation and Parks operates 60 aquatic facilities throughout the City of Los Angeles. It uses a workforce of several hundred lifeguards—some who work only during the summer and others who work year-round. Many lifeguards are students supporting their education, although all interested parties are welcome to apply. Entry-level lifeguard positions are part-time in nature, with flexible work schedules and work locations throughout the City. **The next lifeguard test will take place September 8, 2007; the corresponding Lifeguard Academy will be conducted in Fall of 2007.**

What are the requirements to become a lifeguard?

- Lifeguards must be 17 years old when they begin working.
- They must have basic swim skills and the physical ability to do the job.
- They must have training in:
 - First Aid
 - CPR and Automated External Defibrillator (AED)
 - Water rescue skills
 - Employee responsibilities and workplace standards
- They must complete the lifeguard testing and training process.
- They must have the legal right to work in the United States.

What is the process to become a lifeguard?

Although candidates must be 17 years old to begin working as a lifeguard, they can participate in *lifeguard training* before that time. The Department of Recreation and Parks provides this training at each of its year-round swimming pools on an on-going basis.

How do I find out if I'm a strong enough swimmer?

Contact the manager at your local City-operated year-round pool (listed on back) and ask to have a lifeguard swim assessment. If necessary, the manager can direct you to programming that will improve your swim skills and prepare you to take the swim portion of the lifeguard test.

How do I obtain the necessary training and certifications?

Each year-round pool offers the ***City of Los Angeles Lifeguard Training*** program. Lifeguard Training is a series of classes that provides the training and certifications required to apply for the job. There is also continuing physical training to prepare for the lifeguard test.

What is the lifeguard test?

At different times throughout the year, the City conducts testing to qualify lifeguard candidates for hire. The test consists of a standardized swim test and an interview. The standardized swim test consists of a 70 foot simulated victim retrieval and a 200 yard specialized medley swim. The two swim tests are timed and there is a minimum passing time standard.

If I pass the test, how soon can I begin working?

There are additional steps to complete before lifeguard candidates begin working. All candidates must possess specific CPR, First Aid and lifeguard skills certifications, although these can be obtained after taking the lifeguard test. Also, candidates who pass the lifeguard test must complete a paid, multi-day **Lifeguard Academy** training program. Finally, during the hiring process, all candidates will receive a physical exam and background check to demonstrate fitness for employment.

How do I get information on the upcoming testing and training dates?

If you complete an **Individual Recruiting Card**, you will be mailed notice of upcoming test dates. To participate in the Lifeguard Training program, contact your nearest City of Los Angeles year-round pool:

Alatorre Swimming Pool	(East Los Angeles)	(323) 276-3042
Banning High School Pool	(Harbor Area)	(310) 543-7420
Celes King III Pool	(Downtown Area)	(213) 847-3406
Cleveland High School Pool	(San Fernando Valley)	(818) 756-9798
E.G. Roberts Pool	(Mid City Area)	(323) 936-8483
EPICC Pool	(South Los Angeles)	(213) 763-0129
Fremont High School Pool	(South Los Angeles)	(213) 847-3401
Glassell Park Pool	(Los Feliz/Glassell Park)	(323) 226-1670
Hubert Humphrey Park Pool	(East San Fernando Valley)	(818) 896-0067
LACES Pool	(Downtown Area)	(323) 933-8345
Peck Park Pool	(Harbor Area)	(310) 548-2434
Roosevelt High School Pool	(East Los Angeles)	(213) 485-7391
Venice High School Pool	(Venice)	(310) 575-8260
Yosemite Park Pool	(Eagle Rock)	(323) 226-1668

For additional information about lifeguard training/testing and other job opportunities:

Recruitment Coordinator
Citywide Aquatics Headquarters
3401 Riverside Drive
Los Angeles CA 90027
(323) 906-7953



CITY OF LOS ANGELES
DEPARTMENT OF RECREATION AND PARKS

CITYWIDE AQUATICS DIVISION

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