

CITY OF LOS ANGELES
 DEPARTMENT OF RECREATION AND PARKS
 SUMMER FOOD SERVICE PROGRAM

Revised 06-17-08

AUGUST 2008 - SNACK MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24/31	25	26	27	28	29	30
	SLICED MELON & WHEAT CRACKERS W/CHEESE	STRING CHEESE Grape Juice	NECTARINE Non-Fat Chocolate Milk	BANANA 2% White Milk	YOGURT Grape Juice	

Meals may contain nuts and/or peanut butter. Meals are subject to change.

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SEPTEMBER 2008 - SNACK MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	HOLIDAY NO FOOD SERVICE LABOR DAY	MIX FRUIT CUP Trail Mix	STRING CHEESE 100% Fruit Juice	SLICED MELON & WHEAT CRACKERS W/CHEESE	WHEAT CRACKERS W/CHEESE Pineapple Juice	
7	8	9	10	11	12	13
	CHOCOLATE CHIP COOKIES 2% White Milk	MUFFIN 2% White Milk	PRETZEL Orange Juice	NECTARINE String Cheese	ANIMAL CRACKERS Non-Fat Choc. Milk	
14	15	16	17	18	19	20
	STRING CHEESE 100% Fruit Juice	CINNAMON RAISIN BAR 2% White Milk	TRAIL MIX Grape Juice	NECTARINE Animal Crackers	SLICED ORANGES & Wheat Crackers w/cheese	
21	22	23	24	25	26	27
	HONEY & OATS BAR 100% Juice	SLICED MELON & WHEAT CRACKERS W/CHEESE	STRING CHEESE Grape Juice	NECTARINE String Cheese	PRETZEL 100% Juice	
28	29	30				
	SLICED ORANGES & STRING CHEESE	MUFFIN Orange Juice				

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OCTOBER 2008 - SNACK MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			MIXED FRUIT CUP Yogurt	NECTARINE Non-Fat Chocolate Milk	CRUNCHY GRANOLA BAR Fruit Juice	
5	6	7	8	9	10	11
	MIX FRUIT CUP Non-Fat Chocolate Milk	SLICED MELON & ANIMAL CRACKERS	STRING CHEESE Grape Juice	YOGURT Trail Mix	BANNANA 2% White Milk	
12	13	14	15	16	17	18
	HOLIDAY NO FOOD SERVICE COLUMBUS DAY	STRING CHEESE 100% Fruit Juice	YOGURT Apple Juice	PRETZEL 100% Juice	SLICED MELON & Trail Mix	
19	20	21	22	23	24	25
	CHOCOLATE CHIP COOKIE 2% White Milk	DICED PEACHES Muffin	MULTIGRAIN CEREAL BAR Orange Juice	MUFFIN Trail Mix &	ANIMAL CRACKERS 100% Juice	
26	27	28	29	30	31	
	YOGURT Apple Juice	STRING CHEESE 100% Fruit Juice	ANIMAL CRACKERS Non-Fat Choc. Milk	MUFFIN Trail Mix &	NO FOOD SERVICE HALLOWEEN	

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NOVEMBER 2008 - SNACK MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 TRAIL MIX Grape Juice	4 DICED PEACHES Yogurt	5 MUFFIN 100% Juice	6 HONEY & OATS BAR 100% Juice	7 BANANA 2% White Milk	8
9	10 TRAIL MIX Grape Juice	11 HOLIDAY NO FOOD SERVICE VETERNA'S DAY	12 APPLE Non-Fat Chocolate Milk	13 PRETZEL 100% Juice	14 HONEY & OATS BAR 100% Juice	15
16	17 SLICED ORANGES & TRAIL MIX	18 OATMEAL COOKIE Orange Juice	19 MIXED FRUIT CUP Non-Fat Chocolate Milk	20 BANANA 2% White Milk	21 CHOCLATE CHIP COOKIE 100% Juice	22
23/30	24 SLICED ORANGES Roasted Peanuts	25 STRING CHEESE Grape Juice	26 DICED PEARS Animal Crackers	27 HOLIDAY NO FOOD SERVICE THANKSGIVING	28 HOLIDAY NO FOOD SERVICE THANKSGIVING	29

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DECEMBER 2008 - SNACK MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 MIXED FRUIT CUP Yogurt	2 STRING CHEESE 100% Fruit Juice	3 DICED PEACHES Trail Mix	4 WHEAT CRACKERS W/CHEESE Pineapple Juice	5 APPLE Non-Fat Choco Milk	6
7	8 CHOCOLATE CHIP COOKIE 100% Juice	9 DICED PEACHES 2% White Milk	10 MULTIGRAIN CEREAL BAR Orange Juice	11 BANANA 2% White Milk	12 PRETZEL 100% Juice	13
14	15 MIXED FRUIT CUP Yogurt	16 ANIMAL CRACKERS 100% Juice	17 CINNAMON RAISIN BAR 100% Juice	18 MIXED FRUIT CUP Roasted Peanuts	19 MUFFIN 100% Juice	20
21	22 WINTER RECESS NO FOOD SERVICE	23 WINTER RECESS NO FOOD SERVICE	24 WINTER RECESS NO FOOD SERVICE	25 WINTER RECESS NO FOOD SERVICE	26 WINTER RECESS NO FOOD SERVICE	27
28	29 WINTER RECESS NO FOOD SERVICE	30 WINTER RECESS NO FOOD SERVICE	31 WINTER RECESS NO FOOD SERVICE			

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JANUARY 2009 - SNACK MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				WINTER RECESS NO FOOD SERVICE	WINTER RECESS NO FOOD SERVICE	
4	5	6	7	8	9	10
	TRAIL MIX Grape Juice	DICED PEARS 2% White Milk	SLICED ORANGES Graham Crackers	HONEY & OATS BAR Fruit Juice	PRETZEL 100% Juice	
11	12	13	14	15	16	17
	SLICED ORANGES & ANIMAL CRACKERS	YOGURT Grape Juice	Apple Pretzel	GRAHAM CRACKERS 100% Juice	WHEAT CRACKERS W/CHEESE Apple Juice	
18	19	20	21	22	23	24
	HOLIDAY NO FOOD SERVICE MARTIN LUTHER KING JR. DAY	STRING CHEESE Grape Juice	MIXED FRUIT CUP Trail Mix	BANANA 2% White Milk	PRETZEL 100% Juice	
25	26	27	28	29	30	31
	SLICED ORANGES Oats & Honey Bar	OATMEAL COOKIE Orange Juice	MIXED FRUIT CUP Non-Fat Chocolate Milk	TRAIL MIX Grape Juice	APPLE Non-Fat Choc. Milk	

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FEBRUARY 2009 - SNACK MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 CHOCOLATE CHIP COOKIE 100% Juice	3 DICED PEACHES 2% White Milk	4 MULTIGRAIN CEREAL BAR Orange Juice	5 SLICED ORANGES & ANIMAL CRACKERS	6 ANIMAL CRACKERS Non-Fat Choc. Milk	7
8	9 BANANA 2% White Milk	10 YOGURT Grape Juice	11 APPLE Non-Fat Choco Milk	12 GRAHAM CRACKERS 2% Whitemilk	13 PRETZEL 100% Juice	14
15	16 HOLIDAY NO FOOD SERVICE PRESIDENT'S DAY	17 SLICED ORANGES & STRING CHEESE	18 OATMEAL COOKIE Orange Juice	19 MIXED FRUIT CUP Muffin	20 WHEAT CRACKERS W/CHEESE Pineapple Juice	21
22	23 STRING CHEESE Grape Juice	24 PRETZEL 100% Juice	25 BANANA 2% White Milk	26 WHEAT CRACKERS W/CHEESE Pineapple Juice	27 CHOCOLATE CHIP COOKIE 100% Juice	28

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MARCH 2009 - SNACK MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
	CHOCOLATE CHIP COOKIE 100% Juice	DICED PEACHES 2% White Milk	MULTIGRAIN CEREAL BAR Orange Juice	BANANA Non-Fat Choc. Milk	ANIMAL CRACKERS 100% Juice	
8	9	10	11	12	13	14
	MUFFIN 100% Juice	SLICED ORANGES Non-Fat Choc. Milk	CINNAMON RAISIN BAR 100% Juice	MIXED FRUIT CUP Roasted Peanuts	YOGURT Pineapple Juice	
15	16	17	18	19	20	21
	TRAIL MIX Grape Juice	BANANA 2% White Milk	SLICED ORANGES Muffin	HONEY & OATS BAR 100% Juice	CINNAMON RAISIN BAR 100% Juice	
22	23	24	25	26	27	28
	MUFFIN 100% Juice	PRETZEL 100% Juice	BANANA Non-Fat Choc. Milk	GRAHAM CRACKERS 100% Juice	YOGURT Grape Juice	
29	30	31				
	HOLIDAY NO FOOD SERVICE CESAR CHAVEZ DAY	TANGERINE & GRAHAM CRACKERS				

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APRIL 2009 - SNACK MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			DICED PEACHES Non-Fat Chocolate Milk	BANANA 2% White Milk	YOGURT Grape Juice	
5	6	7	8	9	10	11
	CHOCOLATE CHIP COOKIE 100% Juice	DICED PEACHES 2% White Milk	PRETZEL 100% Juice	MUFFIN 100% Juice	ANIMAL CRACKERS 100% Juice	
12	13	14	15	16	17	18
	BANANA 2% White Milk	YOGURT Grape Juice	MUFFIN 2% White Milk	GRAHAM CRACKERS 2% Whitemilk	TANGERINE & GRAHAM CRACKERS	
19	20	21	22	23	24	25
	DICED PEACHES Non-Fat Chocolate Milk	OATMEAL COOKIE Orange Juice	MIXED FRUIT CUP Roasted Peanuts	WHEAT CRACKERS W/CHEESE Grape Juice	BANANA Non-Fat Choc. Milk	
26	27	28	29	30		
	DICED PEARS Graham Crackers	STRING CHEESE Grape Juice	MUFFIN 100% Juice	BANANA 2% White Milk		

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MAY 2009 - SNACK MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 YOGURT Apple Juice	2
3	4 CHOCOLATE CHIP COOKIE 100% Juice	5 DICED PEACHES 2% White Milk	6 MULTIGRAIN CEREAL BAR Orange Juice	7 MUFFIN 100% Juice	8 TANGERINE Yogurt	9
10	11 YOGURT Apple Juice	12 ANIMAL CRACKERS Non-Fat Choc. Milk	13 PRETZEL 100% Juice	14 MIXED FRUIT CUP Trail Mix	15 SLICED MELON Yogurt	16
17	18 TRAIL MIX Grape Juice	19 NECTARINE Chocolate Chip Cookies	20 HONEY & OATS BAR 100% Juice	21 TANGERINE Yogurt	22 CINNAMON RAISIN BAR 100% Juice	23
24/31	25 HOLIDAY NO FOOD SERVICE MEMORIAL DAY	26 STRING CHEESE Grape Juice	27 PRETZEL 100% Juice	28 GRAHAM CRACKERS 2% Whitemilk	29 TANGERINE Yogurt	30

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JUNE 2009- SNACK MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
0	1 SLICED ORANGES & ANIMAL CRACKERS	2 STRING CHEESE Grape Juice	3 Nectarine Non-Fat Chocolate Milk	4 BANANA 2% White Milk	5 YOGURT Grape Juice	6
7	8 CHOCOLATE CHIP COOKIE 2% White Milk	9 DICED PEACHES 2% White Milk	10 MULTIGRAIN CEREAL BAR Orange Juice	11 SLICED MELON Yogurt	12 ANIMAL CRACKERS 100% Juice	13
14	15 BANANA 2% White Milk	16 YOGURT Grape Juice	17 NECTARINE Trail Mix	18 PRETZEL 100% Juice	19 YOGURT Orange Juice	20
21	22	23	24	25	26	27
28	29	30				